

KEEP KIDS UNSTOPPABLE

Take charge of myopia with ACUVUE® Abiliti™ 1-Day Soft Therapeutic Lenses for Myopia Management

The first and only daily disposable silicone hydrogel soft contact lenses designed specifically for slowing the progression of myopia in children.¹

ACUVUE®
abiliti™

Johnson & Johnson VISION



**FITTING
GUIDE**

*Based on publicly available information as of December 3, 2021.

FITTING GUIDE



1. **Start with a new subjective refraction**
 - Push maximum plus for clear distance vision
 - Patients should have ≤ 1.00 DC astigmatism
2. **Calculate the spherical equivalent** based on the distance Rx
 - Compensate for vertex distance if worse than - 4.00D
3. **Select** the trial Abiliti® 1-Day lens
4. **Allow the lens to settle** on the eye for 10 minutes
5. **After the lens has settled in the eye**
 - **Optimize vision** by performing a **subjective distance over-refraction** for each eye
 - **Push maximum plus** for distance and visual comfort
 - **Incorporate over-refraction** into the contact lens power if needed
 - **Recheck distance and near VA** is optimal with the trial lens
 - **Assess the fit** of the contact lens under slit-lamp
6. **Finalize the prescription** at the aftercare visit before ordering the supply
 - 6 month supply recommended
7. **Follow-up** at least every 6 months as suggested in the International Myopia Institute myopia management guidelines²

Monitor best corrected VA at every visit and in cases of vision change, make sure to determine the cause and address it



Example adjustment for lens optimization

Example 1

Diagnostic lens	-2.00D
Spherical over-refraction	+0.25D
Final lens power	-1.75D

Example 2

Diagnostic lens	-2.00D, VA worse than 20/25
Spherical over-refraction	-0.25D, improves VA & patient confirms acceptance of vision
Final lens power	-2.25D



> 95%

of children achieved VA 20/20 or better with Abiliti™ 1-Day lenses*³

96%

first fit success with Abiliti™ 1-Day lenses^{^3}

* Measured using LogMAR visual acuity where 0.00 LogMAR is equivalent to 20/20 vision

[^] Children who were able to be fit first time required no power modification at the initial lens fitting.



ACUVUE® Abiliti™ 1-Day Soft Therapeutic Lenses for Myopia Management

1. JJV Data on File 2021. Development of Optical Design of ACUVUE® Abiliti™ 1-Day Soft Therapeutic Lenses for Myopia Management.
2. Gifford KL, Richdale K, Kang P, et al. IMI - Clinical Management Guidelines Report. Invest Ophthalmol Vis Sci. 2019;60(3): M184-M203. doi:10.1167/iops.18-25977
3. JJV Data on File 2021. Stand-Alone Performance Claims - ACUVUE® Abiliti™ 1-Day Soft Therapeutic Lenses for Myopia Management.

Important Safety Information:

ACUVUE® Abiliti™ 1-Day Soft Therapeutic Lenses for Myopia Management are available by prescription only for the correction of myopia (while the lenses are worn) and may slow the progression of myopia in children (7-12 years old). As with any contact lens, eye problems, including corneal ulcers, can develop. Some wearers may experience mild irritation, itching or discomfort. These lenses should not be prescribed if patients have any eye infection, or experience eye discomfort, excessive tearing, vision changes, redness, other eye problems. Due to the intended optical design of these lenses for the purpose of reducing the patient's prescription change, these lenses will provide vision correction while worn, but the vision quality may not be as clear as with conventional soft contact lenses. Patients should exercise extra care if performing potentially hazardous, vision-demanding activities. Complete information is also available from Johnson & Johnson Vision Care, Inc. by calling 1-877-334-3937 option 4, or by visiting www.seeyourabiliti.com.

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PP2022ABL4129

